March 20, 2020

Dear Parents,

In an effort to support our students and families during this time, BPS would like to provide you with a few tips.

- **Do not throw out structure.** – As a family, decide what the daily schedule will look like. For example, keep the normal bed times and meal times.
- **Plan some time for physical activity.** – Have a dance party, encourage kids to play outside or do some physical activity indoors. Outside time has enormous physical and mental health benefits for everyone. Teach your students about social distancing. While we encourage student to go outside and play, make sure they are not meeting up with other children at local parks or playgrounds
- **Have an adventure mindset.** - Encourage kids to be creative with that they do have at home. (Who can build the tallest tower out of a deck of cards? Play board games or card games, etc.)
- **Give kids an outlet to discuss their feelings.** - Times such as these can be hard for everyone. Answer their questions in a way that is age appropriate and allow them to reflect on how they feel about things they may be hearing or watching on TV

We would also like to provide you with a few ways in which to keep your student engaged in learning.

- One of the most important things children can do at home is Read, Read, Read! We highly recommend that students read for a minimum of 60 minutes each day. We would like to encourage all students to reflect on what they are reading.
- If students have internet access, students can also utilize the iStation practice components at home for students in grade Kindergarten – 8th grade for both ELA and Math. Students can use their regular username and password.
- The following pages include some activities you can do with your child(ren) in the areas of Reading, Writing, Math and Science. Be creative!
➢ For those of you with internet access; social media groups are sharing many online resources. Please take care in creating accounts and be mindful of what your children are doing when on-line. Ensure student information is not being collected by companies or unknown entities.

➢ Lastly, we would like to encourage you to enroll your student in K8+ or Summer School. Deadlines to enroll in these programs will be extended. This will allow them the opportunity to continue their learning and excel in their studies.

We realize these times can be difficult for most families. There are statewide hotline numbers of you need help with childcare, food, supplies, or loss of income due to the COVID-19 closures, call (833) 551-0518. Other hotlines that have been set up include a Health hotline 1-855-600-3453 and Senior Food hotline 1-800-432-2080.

BPS is committed to continue to serve FREE “Grab and Go” breakfast and lunch Monday – Friday from 9:00am to 10:30 am at the school sites as well as Rotary Park, Cochiti Pueblo Hahn Center, Santo Domingo Community Center, Pena Blanca Community Center, Santa Ana Wellness Center, San Felipe Library and Acoma Pueblo. The meals are for children ages 1 to 18. Children must be present to receive meals.

We appreciate everything that you are doing to support the continuation of learning at home.

Keith Cowan, Superintendent
BPS Principals and Directors
How to Talk to Kids About Coronavirus

Keeping your own anxiety in check is key

- Assess what your child knows.
- Process your own anxiety first.
- Do not dismiss your child’s fears.
- Talk at an age-appropriate level.
- Emphasize good hygiene.
- Frame school closures as a positive.

Here’s what you can do

- Stay home if you can.
- Wash your hands. With soap. Then wash them again.
- Stay informed.
- With children, keep calm, carry on and get the flu shot.
- Don’t stockpile masks.
- But do stock up on groceries, medicine and resources.

My kids are scared. What can I tell them?

Before you talk to your children, it’s important to understand your own anxiety and keep it in check. If your child is worried about the coronavirus, listen to him or her, rather than respond with comments like, “It’ll be fine.” Dismissive reactions can make children feel like they are not being heard, said Abi Gewirtz, a clinical psychologist and professor at the University of Minnesota.

Emphasize the importance of washing hands after using the bathroom and before or after meals. Children (and adults) should sing “Happy Birthday” twice to make sure they’ve been washing their hands for at least 20 seconds. You should also frame school cancellation as positive — more time to have more fun at home! — and encourage your children to get exercise.
BERNALILLO PUBLIC SCHOOLS PRESENTS

K8 Plus Summer Program

EXPLORE THE WONDERS OF STEAM!
(Science, Technology, Engineering, Art and Math)

June 22 - July 24, 2020

Programs will be held at:
Algodones Elem., Bernalillo Elem., Bernalillo Middle, Carroll Elem., Cochiti Elem. & Mid. and Santo Domingo Elem. & Mid. Schools
Transportation, Breakfast and Lunch will be provided!

Applications Due to School Office: May 1, 2020

Submitting an application does NOT guarantee enrollment. Decisions will be based on availability and grant funding.
BERNALILLO PUBLIC SCHOOLS
K5+ SUMMER PROGRAM

This program is a 25 day early start to the 2020-2021 school year for students entering Kindergarten – 8th grade. Students will receive daily instruction in Reading and Mathematics.

Every effort will be made to place students with the teacher they will be assigned to for the 2020-2021 school year.

Give your child the gift of learning this summer!

June 22 – July 24, 2020
Breakfast and lunch is provided.

Student Name ___________________________ Birth date ________________

Physical Address (for Bus)____________________________________________

Mailing Address ____________________________________________________

Grade Level (Next Year) __________________________

Home Phone ___________________________ Cell Phone __________________

Parent/Guardian Name ______________________________________________

Parent/Guardian Signature __________________________________________

Authorized person(s) who may pick up student __________________________

------------------------------------------------------------------------

My child will need bus transportation:  Yes      No

If yes, please complete attached routing form

Emergency Contact (Must be filled out)

Name: ___________________________ Phone: ___________________________

Relationship to student _____________________________________________

Any health concerns ________________________________________________

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Please return application to your child’s school office.

Deadline: May 1, 2020 (Deadline has been extended)

Learning is best achieved with great attendance.

Send your child to school every day!
BERNALILLO PUBLIC SCHOOLS STUDENT EMERGENCY PROCEDURE CARD

TRANSPORTATION DEPARTMENT

Name: ___________________________ Grade: _____ Date of Birth: ________ Bus #: ___________

Street address ______________________ School _______________________

Parent/Guardian (Father) _______________ (Mother) _______________________

Pick up Address ______________________ Zip: ________ Phone number(s): ______________________

Drop off Address ______________________ Zip: ________ Language ______________________

Father’s Work Phone ____________________ Mother’s Work Phone ____________________

In case of emergency, illness or accident the school is authorized to proceed as indicated below:

Notify: __________________________ Relationship: _______________ Phone: ____________________

Notify: __________________________ Relationship: _______________ Phone: ____________________

Emergency Facility Preference: __________________________ Physician’s Name: __________________________

It is understood, further, that I will pay for ANY Emergency Transportation & for ANY Subsequent Care, unless the costs are otherwise observed by insurance.

__________________________________________

Date

Signature of Parent or Guardian
PreK 3y and 4y at Home Learning

We encourage you to have a focus Journal for your student. Each day focus on a color, a number, a letter and shape.

- Draw it in the journal
- Find it in the house
- Adult write down in your student’s words what they found.

Literacy (Letters and writing)

You can use household items and/or your student’s favorite toys for learning.

- Write letters on tape or a paper. Create matching or letters to spell their name.
  
- Practice writing their name.
- Use a light colored marker to write their name so they can trace it
- Use newspaper, magazines or mail adds to cut and glue. The letters in their name or specific letters.
- Have student find things around the house that start with a specific letter. For example, find something that starts with A around the house like on a cereal box.
- Have students draw a picture of themselves, the family, favorite food, favorite animal, the house, something they saw in nature. After they draw a picture ask them what they drew and write in their words what they drew.
- Read with your student and ask comprehension questions, for example what is the story about? Who is the main character? What was your favorite part? What happened at the beginning, the middle and the end?
- Have student retell the story
- Make a story with your student.
- Have student make certain letters with their body.
- Rhyming simple words, for example what rhymes with pig, boy, cat, frog,

Numeracy (Numbers and Math)

Focus on one-to-one correspondence (giving each object a number when counting) Encourage student to touch each object as they count it. (3y 0-10 and 4y 0-15)

- Counting household items, For example, how many windows are in the house? Counting spoons, chairs, light switches. Ect.
- Have student sort objects, toys, food, clothes, silverware. (by size, by color)
- Have student find numbers around the house
• Have student match written number to dots. Create flash cards with written number and dots. Show them card with five, have them find five objects.
• Number matching on toys or plastic eggs similar to the letter activities.
• Cooking and baking with your student and talking about numbers and measurement. Encourage your student to participate, pour ingredients in bowl counting, etc.
• Encouraging comparison measurements. For example, measure the height of things with other objects such as how many legos tall is the cereal box, how many spoons tall are you?
• Stretch and count with your child. Have them do a specific number of a movement, five jumps.

Fun activities that include literacy and numeracy that you can do as a family.

Do scavenger hunts inside and outside of the house. Ask your child to find certain things give them different descriptions and ask them to find them, for example find something soft. We have also included one example. See attachment.

Dance and move. Put on music and have a dance party.

Here are a few recipes for things you can make with your student. Making them together and talking about what you are doing aides in their science exploration and math skills. Once made children can practice their letters, shapes and numbers with the play-doh and slime mixtures.

Play-doh
Easy no cook play dough recipe – using just 5 ingredients
You will need:
¼ cup Salt
3 tablespoons oil
1 cup boiling water
3 cups flour
Food coloring

Method
1. Mix the salt and oil together.
2. Pour in the boiling water and stir until the salt is dissolved.
3. Add a few drops of food coloring.
4. Slowly add the flour, stirring as you go. Keep adding flour until a soft dough next you will knead the dough in the bowl or on a flat surface.
Store in a plastic bag or plastic container.
*If you find your play dough becomes moist the next day just add a little more flour and it will be as good as new.
Goo
You will need:
- 1.5 cups corn starch
- 1 cup water
- 1 Kool-Aid mix packet, color of your choice (optional you can also use food coloring)

1. Place all the ingredients in a large bowl.
2. Use a fork to slowly and carefully mix the ingredients together until completely combined.
3. Have fun, and prepare for mess!
*You can reuse this mixture. If it gets dry you can just add more water. If you want to store it you can let it dry out completely and then reuse when ready.

Fluffy Cloud Dough
You will need:
- 2 Heaping cups cornstarch
- 1 Cup Scented Conditioner I love Suave Coconut or Strawberry

1. Add cornstarch to a large mixing bowl.
2. Add conditioner into your bowl of cornstarch.
3. Use a long spatula to mix your two ingredients until it gets hard to mix.
4. Use your hands too finish kneading the dough together. One way I do this is to put it all in a gallon zipper seal bag and continue kneading it.
*you can use any conditioner but scented is the best.

SLIME without glue
You will need:
- Clear shampoo (or mostly clear)
- Sugar
- Plastic cup
- Fork
Note: This slime is super cold! If you hold it in your hand too long, your fingers start to tingle.
1. Pour about a half a cup of shampoo into a plastic cup.
2. Add a teaspoon of sugar and mix. The shampoo will thicken almost right away. Add a bit more sugar until the mixture clings to the spoon similar to wet slime.
3. Last place the cup into the freezer for at least two hours.
*This slime will be stickier than traditional slime. As the slime warms, it will get liquidy again, but you can always pop it back in the freezer and play with it another day.

There are other items that children enjoy playing with that are simple and easy:
- **Flour and water**
- **Dirt and water**
- **Shaving cream**
- **Water and soap**
- **Water**
Fun Indoor/Outdoor Treasure Hunt Ideas to Find

#1. Something round

#2. Something made of plastic

#3. Something red

#4. Something made of cloth

#5. Something that starts with the letter “H”

#6. Something old

#7. Something smaller than a paper clip

#8. Something with numbers displayed on it excluding a clock or a watch

#9. Something taller than you

#10. Something you can play with

#11. Something used on a holiday

#12. Something you throw away

#13. Something you can only use outdoors

#14. Something you can only use indoors

#15. Something only a grown-up would use

#16. Something only a kid would use

#17. Something with a date on it excluding a calendar

#18. Something soft

#19. Something made of rubber

#20. Something you can get wet
Kindergarten Activities

English Language Arts (Reading and Writing)

❖ Flashlight reading: Read a book in a fort, in the closet, under the stars using a flashlight to track the words.
❖ Create the Story: Without reading, look at the pictures of a book and come up with a story together.
❖ Daily Diary: Have your child draw one or more things they did today and help them label their drawing or write a simple sentence.
❖ Amazing Authors: Attach several pieces of paper together and have your child create a picture book by cutting and pasting pictures or drawing pictures.
❖ My Favorite Meal: Have your child draw their favorite meal. Help them label their drawing.
❖ Growing Story: Have your child start a story and take turns adding on to the story. Have your child illustrate the story.
❖ Story Adventure: Take your child on a walk and help them draw and label what they saw.
❖ Star Reporter: Have your child check the outdoor weather and provide a full weather report to the family complete with weather drawings.
❖ Name Game: Practice writing your name over and over in different colors of crayon or marker.
❖ Tracing: Have your child trace over words or shapes that you have drawn.
❖ Word Count: Count the words in simple sentences in picture books.
❖ Sight Word Memory: Write sight words on different pieces of paper. Place the papers face side down and have your child choose one and try to find its match.

Math

❖ Counting: Practice counting objects in your house with your child. How many spoons, forks, etc.
❖ Counting: Count forward from 0-100 by ones and tens. Begin at a random number and count up or count down. Ex: 68 67, 66, 65...
❖ Counting: Practice counting with one to one correspondence with small objects like Legos, rocks, beans, etc.
❖ Number matching: Write the numbers 0 – 20 on separate small pieces of paper and draw dots to represent each on separate pieces of paper. Help your child match the dots to their number (0-20 number identification).
❖ Identifying Shapes: Go for a walk, find specific shapes along the way and compare different shapes. Ex. The manhole in the street is a circle. The sign is a square. (2D-squares, circles, triangles, rectangles & hexagons, 3D-cylinders, spheres, cubes, cones)
❖ Patterns: Create a pattern out of different shapes or colors, ask your child to continue the pattern
❖ Patterns: Have your child make patterns out of household objects. Ex. Fork, fork, spoon, fork, fork, spoon.
❖ Numeracy: Have your child shake a dice in a cup and then roll the dice onto a flat surface. Have your child name the number rolled by counting the dots on the dice. Have your child roll two dice and name which is more and which is less.
❖ Numeracy: Give your child a number and they bring you that many of an item. Ex. You say bring me 8 of something and your child brings you 8 Legos.
❖ Addition and Subtraction: Practice adding and subtracting numbers 0-10
❖ Addition and Subtraction: Have your child roll two dice and add or subtract the numbers on the dice.
1st Grade Activities

English Language Arts (Reading and Writing)

- **Flashlight Reading Buddies:** Read a book to a stuffed animal, family pet or family member in a comfortable area, using a flashlight to track the words.
- **Ending First:** Have child read the last couple of pages of the book and then make up the story leading up to that point.
- **Daily Diary:** Have your child draw one or more things they did today and help them write three sequential sentences about the activity. Ex. First I... Next, I... Then, I...
- **Amazing Authors:** Attach several pieces of paper together and have your child create their own book complete with cover, illustrations and text.
- **My Favorite Meal:** Have your child draw their favorite meal and write the steps for preparing it.
- **Growing Story:** Have your child start a story and take turns adding on to the story. Have your child write and illustrate the story.
- **Story Adventure:** Take your child on a walk and have them create a story about their adventure using the real world setting.
- **Star Reporter:** Have your child interview a family member and provide a report to others. When and where were they born? What are their favorite foods, songs, colors?
- **Name Game:** Practice writing the names of students in your class or members of your family. Remember that first and last names begin with capital letters.
- **Word Scavenger Hunt:** Give your child a list of words to find around the house.
- **Verb action:** Act out verbs as a family such as jumping, running, or dancing.
- **Sound recognition:** Say a word dime: what is the beginning sound /d/, middle sound long /l/, ending sound /m? 
- **Rhyming:** Tell me two words that rhyme with dime: time, lime
- **Rhyming:** Which word does not rhyme: cat, dog, mat
- **Opinions:** During dinner: Pick one thing you ate. Tell me 3 things you liked or did not like about it. Use your senses: what did it smell like? taste like? (sour, sweet, salty), what did it look like?
- **Penmanship:** Practice writing and formation of letters/staying between the lines.

Math

- **Counting:** Practice counting and writing the numbers of objects in your house. How many windows in your room, in the kitchen, in the whole house?
- **Counting:** Count forward and backwards from 0-120 and 120-0. Begin at a random number and count up or count down. Ex: 68 67, 66, 65...
- **Counting:** Pick a random number ask what is 10 more and 10 less than the number and 1 more and 1 less
- **Counting:** Have your child count the beans or other household items and put them in groups of 10s and count by 10s. Repeat the activity with groups of two and groups of five.
- **Counting:** Sort pennies, nickels, and dimes then count each pile (pennies by one, nickels by 5s, dimes by tens).
- **Counting:** Play outside with the baseball and basketballs. Have your child count as they bounce, shoot or throw.
- **Identifying Shapes:** Seek and describe 3-dimensional shapes using household objects. Describe the number of faces, vertices and angles. For example, the toaster has six faces, eight vertices, 24 angles.
- **Numeracy:** Select a secret number and have your child guess your number by giving one clue at a time. For example, “My number is between 20 and thirty. My number is one less than 24 and two more than 21.”
- **Adding and Subtracting:** Have your child roll two dice and add them or subtract the lesser number from the greater number.
- **Adding and subtracting:** Practice adding and subtracting numbers 0-20 by drawing math problems in the dirt with a stick or on a sidewalk with chalk.
- **Measurement:** Have your child measure household items with other household items. Example: The fish tank is 20 Legos long. My bed is 15 shoes long and 8 shoes wide.
Fractions: Have your child identify fractions while baking with you.

Measurement: Make playdough or slime.
2nd and 3rd grade Activities

English Language Arts (Reading and Writing)

✔️ Create a collage from a magazine. Write about your collage.
✔️ Create flash cards and memory games with any type of paper. Some examples of flash cards: sight words, parts of speech, word families (i.e. ea/oa/igh). Memory games examples: matching pictures, picture and word, picture and word family sound, rhyming sounds.
✔️ Write an opinion piece. Think about things happening around you or that are interesting to you. Remember the important parts of an opinion piece. 1. State your opinion clearly. 2. Use linking words and phrases. 3. List and explain your reasons. 4. Make a concluding sentence.
✔️ Read a book and put a twist on the story. For example, rewrite the story, or change the main character, ending, or beginning.
✔️ Watch authors/ celebrities read stories on Youtube for example: [https://www.youtube.com/watch?v=4o6UObvn_4](https://www.youtube.com/watch?v=4o6UObvn_4) OR [https://www.savethechildren.org/us/more-ways-to-help/read-a-story](https://www.savethechildren.org/us/more-ways-to-help/read-a-story) Watch 2 stories and then compare and contrast stories.
✔️ Create a castle from recyclable items in your house and write a story about your adventures.
✔️ Take a walk and write down objects you see. Then use those words in a story. Think about adjectives and adverbs that are spring related. How many verbs or nouns can you use? Beat that number tomorrow.
✔️ Create a play about how you’re feeling and act it out.
✔️ Create a puppet show for your family.
✔️ Play charades with verbs. Can your family guess what you are acting out?
✔️ Write letters to your friends. Deliver them by mail or keep until you see them. Design mailboxes for each member of your family. Have everyone write letters to each other.
✔️ Interview your family members about their life. What do you remember when you were our age? Write stories using your families experiences and stories. Write a biography of a family member.
✔️ Word pattern hunts in whatever texts you have available such as newspapers, magazines, books, etc. Make word cards to use for sorting words. Create a list of some spelling patterns. For example: ea words, ie words, oa words, ph words, etc.
✔️ Research a topic. If you don’t have internet, ask others to tell you what they know about the topic. Write what you learned.
✔️ Read a book in your closet, in the bath tub, to your siblings, or to your stuffed animals. Record yourself and send it to your teacher, to a friend or to a relative.
✔️ Write about how to make a peanut butter sandwich or something else. What would happen if a step was missed? Have another person at the house follow your directions exactly and see if you need to add steps.
✔️ Write a newscast and share with your families about what you did today.
✔️ Draw a scribble on a paper and have your child make it into a picture. Then write a story together.
✔️ Talk about the main idea and details for a book they are reading and write them down.
✔️ Make one minute sketches of people, pets, nature, household objects. Go on nature walk and make drawings. Draw room, toys, house, make recycled art. Make collages out of things found in nature, or seeds, beans, or cut up toilet paper rolls. Write stories to go along with drawings.
✔️ Write the story of your family, cultures, food, art and writing.
Math

- Practice fact fluency for addition, subtraction, and multiplication tables. Try to beat your score.
- Build arrays in the dirt with rocks. What else can you build arrays with around your house? Legos?
- Categorize t-Shirts by color or graphics, what fraction is a certain color, graphic, etc.
- Tell time to the nearest minute. Use an analog clock.
- Plant seeds and graph their growth. Make predictions and track daily growth.
- Add up receipts with your child. How much was spent? Practice addition, subtraction, and/or multiplication by adding items or taking off items from the receipt.
- Use the clock and write down when you start and stop different activities. How much time elapsed?
- Drills for multiplication to get ready for 4th grade. Especially practice the multiplication/division facts for 4, 6, 7, 8.
- Write stories to remember the multiplication tables your child struggles with most. Make the numbers into characters and have them on an adventure that ends in the answer for the problem.
- Use ads from the grocery store to create shopping lists and add how much you’ll need to spend. Play store.
- Count forward starting at random numbers. Count backwards from random numbers.
- Count money. Have child show 3-4 different ways to show a given amount of money, they can record this in a math journal.
- Practice area and perimeter and other measurements in the garden and around the house.
- Use objects around the house to group and practice multiplication and repeated addition.
- Skip counting with your child. Start at different numbers (2, 4, 6, 8, ...)
- Math fluency with addition, subtraction, and multiplication for 3rd grade. Create flash cards with any kind of paper. You can use dominoes or a deck of cards to practice as well.
- Make their own 100s chart and skip count with pennies.
- Students can create their own word problems based off of the objects they see on their daily walk.
- Use a deck of cards to add, subtract, multiply and divide numbers.
- Addition strategies using count on, doubles, making 10.
- Some music ideas: kitchen drum jam session, singing a lullaby to a stuffy/sibling/pet, making a drawing of an idea for an instrument, explain how it works, and/or actually build it out of items around the house.
- Start growing beans in different settings such as dark or light and record observations using words & drawings.
- Create a math, music, art, pe, or reading Scavenger Hunt or Bingo.
- Go on a treasure hunts and make graphs of the materials you find.
- Take a handful of change and have students show various fractions based on total coins and different types of coins.
- Draw an analog clock. Practice telling time.
- Write your schedule for the day. Then figure out the elapsed time from each activity.
- Create their own schedule for a day and then determine the amount of time they would spend on various activities.
- Change of state diagrams- for example time how long it takes for ice to melt or have their parents boil an ice cube and time how long it takes from solid to liquid to gas.
4th Grade and 5th Grade

ELA

1. Write a story using the following writing prompts:
   - What is your favorite thing about being a part of our class?
   - What was your favorite summer vacation? Why?
   - Write about a time you gave something of yours to someone who needed it.
   - Write a poem about your most prized possession.
   - What is your favorite game? Is it a video game or a board game? What do you like about it?
   - Go outside and make a list of things you see. Create a funny story?
   - Do you prefer sports or video games? Why?
   - What can you do to show your grandparents how much you love them?
   - What is your favorite thing about your family?
   - Create a comic book story.

2. Build a fort out of blankets or other items in your house and read a book inside.
3. Create an animal/insect habitat diorama using boxes and items around your house. Present it to someone in your family.
4. Create a play, write it out and act it out with members in your family.
5. Write new words to your favorite songs.
6. Write the directions for an art project. What did you do? See if someone else can follow your directions. Did they get the same product?
7. Read two books or watch two similar movies and have students write a compare and contrast paper.
8. Read a book and rewrite the story using one of the characters point of view. Example: Re-write Cinderella from the point of view of the wicked stepmother. Use other fairy tales and rewrite other characters point of views.
9. Play school and read to each other and teach each other things they are learning.
10. Have your child keep a daily journal.
11. Create an I survived story
12. Write a step by step direction to make a favorite recipe.
13. Read two different stories and compare and contrast main ideas, cause and effect, characters, setting and plot.
14. Create a poster using figurative language, metaphors and similes
15. Write a book or a movie review.
16. Read a chapter in a book and re-write a new chapter,
17. Create a "How To Manual" on a topic that each child is an "expert" or really good at (almost like a tutorial). Present it in a book like fashion with table of contents, sketches and written information on the topic.
18. Make a short film on your phone.
19. Writing notes to family and friends
20. Sequencing activity – plan out steps for making a sandwich or something that you can make to eat. Teach a parent or family how to make something. Have them follow your instructions exactly. Do you need to make any adjustments to your writing?
21. Read a book and rewrite from the main character's point of view.

Math

1. Have students create a line plot of families' heights. Fractions – use recipes to review fractions. What if you needed to double the recipe? Triple the recipe.
2. Practice writing addition, subtraction and multiplication problems (1 +1, 1-1, 1 X 1) and go up to the highest number you can go to to practice number facts.
3. Line plots and measurement. Measure everyone in the family. Add it all up. How tall is your family altogether? What is the difference between the tallest and shortest? What is the average?
4. Measure a room using a ruler, measuring tape, or other objects and calculate perimeter and area.
5. Play store, creating a budget, and calculating what you spend in the "store". Count coins and making change.
6. Figure out the cost of a meal and figure out how much each meal costs per person.
7. Stump your family and siblings - children can create real-world problems for younger siblings or family members to solve based on their home.
8. Go shopping through the ads that you get in the mail. If you have exactly $100 what would you buy.
9. Using ratios and proportions to create word problems from a recipe. Like a recipe requires 12 cups of flour for 17 people. How many cups do you feed 255 people?
10. Have students create a line plot of families' heights. Tell me what the difference between heights. How many inches in all.
11. Discuss like fractions when preparing and serving meals.
12. Create a family garden. What is the area and perimeter and the volume of soil?
ELA and History

- Keep a daily journal – Write about current events from your point of view. Will these events change the way we live? Write your thoughts and feelings down to share one day with your kids and grandkids. What will you tell them about this time in history?
- Create a timeline about what is happening right now. Be specific about what you are doing and how you feel. What activities make you feel happy? Sad?
- Create a vision board using drawings, old magazines or newspapers. Your vision board is unique to you! This can be things you are interested in, feelings, future, past – anything!
- Interview your family members. Make a timeline about their lives.
- Playing video games? Write down your score and subtract the difference each time you play. Make a news cast about your game play. Compare this game to that game.
- Make a public service announcement about the virus. What would you tell others about the virus or any other topic of your choice.
- Oral family histories - interview someone and learn a new story. Ask them to tell you stories of when they were little.
- Find an object and write the history of it. Who invented it? If you can’t find out, make up a history for the object and write it down.
- Write a paragraph. If you were President or the Governor, how would you handle the idea of social distancing?
- Create a word search or a crossword puzzle and challenge others to solve it.
- Write a thank you letter to a current or former teacher.
- Spend 10 minutes organizing your binder and agenda.
- Create a One Pager on a topic of your choice. One Pagers should be neat, organized, take up an entire paper and contain all important information about their chosen topic.
- Practice a mock interview with a family member. Create a list of questions you would ask somebody in an interview. Give feedback to one another.
- Compare/Contrast two topics of your choice. Use a Venn Diagram, T-Chart, or other graphic organizer. (BMS students: Think Hunger Games – movie/book, characters, etc.)
- Write an informational essay. Choose a career that you are interested in. What is the average salary? Choose a city you would like to live in. Consider the cost of living (housing, food, expenses). How much money would you need to make a living?
- Practice filling out a job application. Gather all necessary information and make a list to save for future applications. What is your birthdate, address, phone number, volunteer activities, grades?
- Make a video of you reading a book, performing a puppet show or practicing a skill.
- Create a comic strip about what it is like to be stuck inside for 3 weeks.
- Create a poem of your choice.
- Read for 60 minutes per day. Discuss what you read with somebody.
Math and Science

- Create a meal and write down the recipe. Try it and write a review/reflection on it.
- Scavenger hunts – Find math objects, shapes, angles in and around the house or take a walk.
- Research project – ex. favorite animal, what is their habitat? Draw a detailed version of the ideal habitat for this animal. Include other important details.
- Practice the Scientific method on different things - Make an observation. Ask a question. Form a hypothesis, or testable explanation. Make a prediction based on the hypothesis. Test the prediction. Iterate: use the results to make new hypotheses or predictions.
- Build the highest structure you can with – paper, sticks, cards, legos, blocks, etc.
- Play a board game OR create a board game and have others play it.
- Weather art – base the colors on what the temperature is outside. Use crayons and paper.
- Keep a food journal. How many vegetables, proteins, fruits, dairy, and starch foods did you eat. Make a graph to show the information.
- Create a multiplication chart.
- Measure and find the Area and Perimeter of each room in your home. Add them all up to find the total area of your home. Draw and label each room. Remember to include your units!
- Read your favorite recipe. Change the recipe to make enough for 30 people. Now cut down the recipe to feed one person.
- Use dice, playing cards, or create cards to practice basic addition, subtraction, multiplication and division. You can test your family members or yourself. You can even create flash cards!
- Take a Science walk and look for plants growing. Now that it is Spring, what changes do you notice? Write them in your journal. Compare and contrast the plants you see.
- Create a weather forecast; graph the weather using different types of graphs.
- How many days, hours and seconds have we been off from school? If we do not go back until April 6, how many until then? Calculate how many seconds you have been alive.
- Find the high and low temps for the week. Average it out. Chart and graph it.
- Find the height of you and your family. Make a chart of your results.
  - If you don’t have a tape measure, use the length of a spoon. How many spoons tall are you and your family? Make a chart of your results.
- Challenge someone in your family to engineer the tallest tower using items like spaghetti noodles, thread, and tape (or anything you have around the house).
- Design and engineer a bridge structure by interconnecting pencils or toothpicks without using any other materials.
- Draw a model of a battlebot, List materials and measurements needed and then create it out of cardboard.
- Learn a new skill – With help from an adult, check the oil and tire pressure on vehicles. Create a budget. Cook a new recipe.
- Create a YouTube video on some of these new skills.

Stay safe, healthy and socially distanced. Remember to get outside for your daily exercise!
High School Activities

ELA and History

✔️ Write a Persuasive essay using the following prompt. Do you think the USA is doing enough or too much during this pandemic?

✔️ Write an informational essay. Choose a career that you are interested in. Research the average salary for that career or job. Choose a city or place you would like to live in. What is the average cost of living for that city (housing, food, expenses)? Can you afford to live in the city of your choice?

✔️ Write an Opinion or Argumentative essay. Should you have the freedom to make your own decisions/choices or should the government have the power to restrict your activities and actions (martial law)? Be sure to use specific examples.

✔️ Keep a daily journal – Write the history of the corona virus from your point of view. Will this change the way we live? Write your thoughts and feelings down to share one day with your kids and grandkids. How would you handle this situation if you were President of the United States?

✔️ Compare/Contrast the Corona Virus with another big pandemic from history (Black Plague). Use a Venn Diagram, T-Chart, or other graphic organizer.

✔️ Write a paragraph. If you were President or the Governor how would you handle the idea of social distancing?

✔️ Write a cookbook of your family’s favorite foods or special family recipes.

✔️ Create a Timeline of current events. Be specific about what you are doing and what impact these events will have on the future?

✔️ Use AVID Strategies to create a one pager about the corona virus/pandemic.

✔️ Use school-wide strategies: read and mark the text, annotate, write level 1, 2, and 3 questions, and take notes using a magazine article, newspaper article, or a news article Online about the pandemic.

✔️ Continue working on your Capstone project – Write your script for your oral presentation. Practice at home in front of an audience of family members and ask for feedback. Record yourself with your phone and give yourself feedback.

✔️ Watch a local or national news broadcast and respond visually in pictures to record this historical event. Express it in a way that is comfortable to you. Examples include a graphic journal, a comic strip, an art collage, word art, a poster, a drawing or painting.

✔️ Make a list of all the ways you can communicate with people during this time of social distancing. How do you stay connected with friends and family?

✔️ Practice filling out a job application. Gather all the necessary information and make a list to save for future applications (address, birthdate, phone numbers, work experience, service/volunteer activities, high school information).

✔️ Practice a mock job interview with a family member. Create a list of questions and have someone interview you and give you feedback.
Research three colleges you would like to attend. Make a list of the requirements for acceptance. What is the total cost of tuition and other fees? Are there any grants or scholarships that you qualify for? Do they require an essay with the application?

Compare and Contrast how the United States has handled the pandemic vs. how other countries have handled the crisis. Choose one or two other countries to research. Create a poster to share your information.

Make a crossword puzzle. Use recent vocabulary words you have learned this year. Challenge your family members to solve it.

Make a video of you reading a book or performing a puppet show. Submit it for kids to see in the future.

Interview your parents or family member about the life skills they deem are most necessary in life and why?

**Math and Science**

Make a carnival game out of household items. Play the game. Have other family members play the game. Determine the probability of winning your game?

Make a Rube Goldberg machine. Use as many levers and other forces as possible to make it a complicated machine. Film the machine to show your classmates when you get back.

Make a roller coaster with items in your house. Use Newton’s Laws of Motion to demonstrate that a marble can go through the entire coaster. Adjust if needed. Take a picture or video to show your teacher when you return.

Build a simple catapult with rubber bands – see how far you can send items. Does it make a difference if rubber bands are smaller or larger?

SAT Practice: There are eight practice tests coming up that you can use.

Research the exponential growth of the cases of coronavirus in the United States. Make a poster or diagram to show that information (30, 60, 90 days).

Learn a new skill – learn to change a tire, learn to create a budget for your household, learn to pay bills, learn to cook a new recipe, learn to play an instrument. Make a video to share once you have learned your new skill. Create a YouTube “how to videos” on some of these life skills.

Make a public service announcement Video (TikTok or YouTube). Emphasis on safety in a time of crisis.