



BERNALILLO SPARTANS

BERNALILLO HS ATHLETIC DEPARTMENT

"FALL SPORTS INFORMATION"

ATHLETIC DIRECTOR

Terry Darnell Office: (505) 404-5144

- Every Athlete needs to have a Completed "Athletic Form" & "Current Physical Form" turned into their Individual Head Coach before starting any sport participation.
- Attachment: Please see the "Athletic Form"
- Attachment: Please see the "Physical Form"



FOOTBALL

Head Coach: John Cobos

- Summer Workouts: Monday-Thursday, 6:00-8:00am
- 2-A-Day Practices: Begin August 5th, 6:00-8:00am & 9:00-11:00am with Breakfast being provided from 8:00-8:45am
- Official 1st Day of Varsity Practice: August 5, 2019
- School Day Practices: 2:45-5:15pm
- All Football Equipment Provided – Athletes need to provide their own "Red Shorts & Football Cleats"



CROSS COUNTRY

Head Coach: TBA

- Official 1st Day of Practice: August 12, 2019
- School Day Practices: 3:00-5:00pm
- Athletes need to provide their own “Running Shoes”



BOYS SOCCER

Head Coach: Anthony Jaramillo

- Official 1st Day of Practice: August 12th – 3:00pm to 5:00pm
- School Day Practices: 3:00pm to 5:00pm
- Athletes need to provide their own “Shin Guards & Cleats”



GIRLS SOCCER

Head Coach: Danielle Sena

- Conditioning Practice: August 5th to 9th, 2019 – 3:00pm to 4:00pm
- Official 1st Day of Practice: August 12th – 3:00pm to 5:00pm
- School Day Practices: 3:00pm to 5:00pm
- Athletes need to provide their own “Shin Guards & Cleats”



VOLLEYBALL

Head Coach: Olivia Layden

- Summer Practices: Monday & Wednesday – 4:30pm to 6:30pm
- Conditioning Practices: August 1st to 9th, 2019: Mon/Tue/Wed/Thur - 4:30pm to 6:30pm
- Official 1st Day of Practice: August 12, 2019
- School Day Practices: August 12, 2019 - Varsity 1:45pm to 3:45pm JV/C Team: 3:30pm to 5:00pm
- Athletes need to provide their own “Knee Pads & Volleyball Shoes”