



# SEPTEMBER 2021

## BERNALILO ELEMENTARY SCHOOLS

### BREAKFAST & LUNCH

#### MENU



**OFFERED DAILY AS AN OPTION**

**LUNCH: VEGAN & VEGETARIAN MEAL OPTIONS UPON REQUEST**

**MILK : FAT FREE CHOCOLATE, & 1% LOW-FAT WHITE, SOY MILK**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
6		7		8		9		10	
		Breakfast Sandwiches Fruit Milk		Pancakes W/Syrup Fruit Milk		Breakfast Burritos Fruit Milk		Yogurt Cup Fruit Milk	
		Tacos Shredded Cheese Garnish Pinto Beans Salsa Fresh Fruit Milk		Teriyaki Chicken Steamed Broccoli & Carrots Fried Rice Fortune Cookie Mandarin Oranges Milk		Pepperoni Pizza Garden Salad Dressing Green Beans Garlic Toast Fresh Fruit Milk		Taco Cheeseburger Garnish W/Green Chile Sauce French Fries Chilled Fruit Milk	
13		14		15		16		17	
French Toast Sticks Fruit Milk		Peanut Butter & Jelly Unrustable a Fruit Milk		Pancake on a Stick Fruit Milk		Breakfast Pizza Fruit Milk		Bagel W/Cream Cheese Fruit Milk	
Native American Taco Garnish Refried Beans Spanish Rice Chilled Fruit Milk		Carnitas Tacos Shredded Cheese Garnish Salsa Calabacitas Spanish Rice Fresh Fruit Milk		Bean, Beef & Cheese Burrito Roasted Corn Red Chile Chilled Fruit Milk		Chile Cheese Hot Dog Chile Cheese Fries Veggies Fresh Fruit Milk		Beef A Roni Broccoli Salad W/Grapes Green Beans W/Diced Tomatoes W/G Roll Chilled Fruit Milk	
20		21		22		23		24	
Biscuits and Gravy W/Sausage Fruit Milk		Waffles W/Syrup Fruit Milk		Dry Cereal Fruit Milk		<b>NO SCHOOL</b>		<b>NO SCHOOL</b>	
Green Chile Cheeseburger Garnish Sliced Pickles Tator Tots Chilled Fruit Milk		Grilled Ham & Cheese Sandwich Tomato Soup Baked Chips Fresh Fruit Milk		Frito Pie Shredded Cheese Garnish Roasted Corn Chilled Fruit Milk					
27		28		29		30			
Oatmeal Brown Sugar Pk W/G Toast Fruit Milk		Breakfast Sandwiches Fruit Milk		Pancakes W/Syrup Fruit Milk		Breakfast Burritos Fruit Milk			
Chimichanga Burrito Roasted Corn Chile Chilled Fruit Milk		Beef Tacos Shredded Cheese Garnish Pinto Beans Salsa Fresh Fruit Milk		Teriyaki Chicken Steamed Broccoli & Carrots Fried Rice Fortune Cookie Mandarin Oranges Milk		Pepperoni Pizza Garden Salad Dressing Green Beans Garlic Toast Fresh Fruit Milk			

This institution is an equal opportunity provider.

Menu subject to change without notice due to seasonality and availability.

For questions, please contact the Bernalillo Public Schools Student Nutrition Department at 505-404-5741 or djtrujillo@bps.k12.nm.us.